

**MINUTES: Nov 21, 2014**  
Access to Physical Activity (APA)  
Working Group

**Location:** Ma-Te-Way Centre

**Time:** 8:30 - 10:00 am

**AGENDA**

- Welcome
- Changes to Agenda?
- Review minutes - June meeting; Outstanding issues/action?

**New Business**

**Old Business**

- WG Co-Chairs for 2015
- THRIVE presentation: Caitlin McDonald, CRC

- Work Plan review & actions

**Standing Items**

- PAN-RC updates – Shawna
- Petawawa Accessibility WG updates-Karen
- HWE news- Jennifer

**Next Meeting: Jan 2015**

<i>Item</i>	<i>Discussion</i>	<i>Action(s)</i>
1. Welcome	<ul style="list-style-type: none"> <li>• Introductions from those who were present</li> </ul>	
2. Request member to take meeting minutes	<ul style="list-style-type: none"> <li>• <b>Betty</b> volunteered</li> <li>• Consensus that we will rotate minute-taking responsibility alphabetically in ascending order by last name</li> <li>• Minutes for January, 2015: Christine Armstrong [see membership list attached]</li> </ul>	<b>Betty:</b> provide notes following meeting to Lara for electronic minutes
3. Changes to Agenda?	<ul style="list-style-type: none"> <li>• None</li> </ul>	<b>Shawna:</b> to report on AT Working Group activity during PAN-RC report
4. Quorum Achieved?	<ul style="list-style-type: none"> <li>• Yes</li> </ul>	
<b>Old Business</b>		
5. Review Action Items from Aug 26 meeting notes	<ul style="list-style-type: none"> <li>• PAN-RC quarterly E-news will feature APA updates</li> <li>• Lara proposed PAN-RC meeting of WG chairs to increase alignment of work plans and strategies</li> <li>• Whitewater Bromley Health Centre &amp; BB Seniors applied for funding to support Fit For Life; includes \$ to support PAN-RC communications</li> <li>• Lara encouraged members to integrate \$ for PAN-RC communications when applying for various funding</li> <li>• Tammy: Access Foundation offers \$ support and invites applications (just launched; informal)</li> </ul>	<p><b>Shawna &amp; Lara:</b> will work to increase comm between PAN-RC &amp; APA WB</p> <p><b>Betty provide Tammy</b> with access to Google docs</p>
6. WG Co-Chairs for 2015	<ul style="list-style-type: none"> <li>• Lara suggested staggered co-chair to ease transition</li> <li>• 4 meetings per year (3 person-to-person)</li> <li>• Tammy offered to co-chair</li> <li>• Brian offered to consider co-chairing</li> </ul>	<b>Brian</b> will confirm on Monday
<b>Standing Items</b>		
7. PAN-RC updates	<ul style="list-style-type: none"> <li>• Deferred to PAN-RC meeting later in the morning</li> </ul>	
8. Petawawa Accessibility WG updates	<ul style="list-style-type: none"> <li>• Deferred</li> </ul>	
9. HeartWise	<ul style="list-style-type: none"> <li>• Jennifer asked that HeatWise be added as standard item on APA agenda</li> <li>• Jennifer provided update: Pembroke Regional Hospital</li> </ul>	<b>Mike Nolan</b> offered to investigate/lobby re: St Joe's insurance issue

<i>Item</i>	<i>Discussion</i>	<i>Action(s)</i>
	<p>(Karen Roosen) will take on role as regional coordination centre for Renfrew County with support from Ottawa Heart Institute</p> <ul style="list-style-type: none"> <li>• Committee agreed this was a good fit</li> <li>• St Joe's walking group in Renfrew still experiencing challenges around insurance</li> </ul>	
<b>New Business</b>		
10. Member Updates	<ul style="list-style-type: none"> <li>• Susan suggested 1-minute member updates at future meetings</li> <li>• Lara encouraged members to keep Google Docs current</li> <li>• Susan invited members to provide update for PAN-RC newsletter</li> </ul>	<p><b>All:</b> update live documents on Google Docs  <b>Lara</b> will share Google Docs</p>
11. Work Plan	<ul style="list-style-type: none"> <li>• Review Deferred</li> <li>• Work Plan is coming to the end of its cycle</li> <li>• Lara encouraged members to access Work Plan and other documents via Google Docs and PAN-RC website:  <a href="http://www.physicalactivitynetwork.ca/APA">http://www.physicalactivitynetwork.ca/APA</a></li> </ul>	<p><b>All:</b> review and provide feedback</p>
12. THRIVE	<ul style="list-style-type: none"> <li>• Caitlin provided overview: <a href="http://thrive4youth.com/">http://thrive4youth.com/</a></li> <li>• Feeds data into: <a href="http://www.211ontario.ca/">http://www.211ontario.ca/</a></li> <li>• <a href="#">County Connections</a> [Renfrew County programs &amp; services database via CRC]</li> <li>• Connects RC youth with programs and services</li> <li>• Supports access to rec equipment (which has been lacking)</li> <li>• Can also identify needs (food &amp; toys)</li> <li>• Can also add cultural listings</li> <li>• CRC is financially supported to maintain content</li> <li>• Invited members to send raw listings to her via email for input into database</li> </ul>	<p><b>All:</b> send raw listings to Caitlin via email for input into THRIVE database  <b>All:</b> promote thru PAN-RC</p>
13. High-5 Training	<ul style="list-style-type: none"> <li>• Ontario Standard for Working with Youth</li> <li>• CRC will be offering free workshop(s) in Killaloe in January 2015</li> </ul>	<p><b>All:</b> promote thru PAN-RC</p>
<ul style="list-style-type: none"> <li>• <b>Next Meeting: January, 2015 [details TBD]</b></li> </ul>		

<b>IN ATTENDANCE:</b>	<b>REGRETS / NOT IN ATTENDANCE:</b>
1. Lara Mylly	Shawna Babcock
2. Jennifer Harris	Brian Brohart
3. Betty Biesenthal	Christine Armstrong
4. Tammy Hehn	Mary Cahill
5. Caitlin McDonald	Karen Roosen
6. Susan Patterson	Colin Coyle [resigned from group]
7.	