

Clara Hughes



RENFREW COUNTY'S
MENTAL HEALTH
COALITION

PEDAL FORWARD!
You can make great things happen

YOU'RE INVITED

to brainstorm with a committed,
multi-sector team of local
community-minded organizations
to shape Renfrew County's
Mental Health Week 2015

WHEN THURSDAY, FEBRUARY 19, 2015
10:00 am to 12:00 noon

WHERE The Phoenix Centre
130 Pembroke St W. Pembroke
Upstairs Board Room

WHO Hosted by KidActive/PAN-RC
and The Phoenix Centre

CONTACT Charlene Chaput 613-735-2374 ext. 226
pedalforward@phoenixctr.com

BRING Creativity, enthusiasm and a sense of humour

Our work will continue to reduce stigmas and raise mental health awareness, all on the wheels of Clara's Big Ride!